

May 27th GF Picnic!

The National Celiac Association Tennessee (NCAT) has reserved the picnic pavilion at River Park in Brentwood for a picnic on Saturday May 27th from 10:30 am – 1:00 pm. We owe special thanks to Gretchen Mansourian, one of our members who is a Brentwood resident, for making this reservation for our group. We are pleased that this picnic will be in a great pavilion with nearby parking as well as a play area for the younger children. .

Please bring a gluten-free dish serving 8 to 10 to share and your family's favorite lunch beverage. You can bring brunch dishes as well as lunch dishes. We are very flexible. – breakfast casseroles, cheese grits, GF biscuits or pastries, and fruits, or salads, luncheon casseroles, and desserts.

We do ask you to bring an ingredient list for your dish so others can know what your dish contains in case they have other food allergies such as dairy, soy, nightshades, etc. There will be plenty of food for all, but some people may need to avoid some dishes containing something they cannot have.

We will provide the paper products – plates, tableware, napkins, cups, etc. and the ice for the drinks.

We hope you can bring your whole family for a super gluten- free picnic and meet others who are living gluten-free with celiac disease or non-celiac gluten sensitivity. This is one of NCAT's most fun events!

Please RSVP by Wednesday, May 24 to nashvilleceliacs@gmail.com with the number in your party so we can have the right amount of tableware for everyone.



River Park in Brentwood (37027) is located at 1100 Knox Valley Drive, just off Concord Rd, a short distance east of I-65 and the WSM Broadcasting Tower.

The Picnic Pavilion is part of 46 acres including a two-mile bikeway and walking path along the Little Harpeth River, connecting Crockett Park on one end and Concord Park at the other.